

Health Guide – Stockholm area

July 2007

Disclaimer: This list is not meant to be exhaustive or definitive; nor does it represent either a guarantee of competence, or endorsement by the Department of State or the U.S. Embassy in Stockholm.

Emergency Telephone Numbers

Ambulance, Fire Department, and Police: 112

Poison Information Center: 33 12 31 (after 17.00 call 112)

24-hour Emergency Hospitals in Stockholm

Astrid Lindgren's Children's Hospital, Karolinska Vägen 171 76 Stockholm
located at Karolinska Hospital
Tel. 08-517 700 00

Danderyds Hospital, 182 88 Danderyd (children's emergency open 8.00-21.00 only
internal medicine conditions)
Tel. 08-655 50 00

Karolinska Hospital, Karolinska Vägen 171 76 Stockholm (adults)
Tel.08-517 700 00

Danderyds Hospital, 182 88 Danderyd (adults)
Tel.08-655 50 00

St. Göran's Sjukhus AB (adults)
St. Göransplan 1, 112 81 Stockholm
Tel. 08-587 010 00
General surgery, orthopedic surgery, internal medicine (emergency clinic)

St. Erik's Hospital Eye Clinic
Polhemsgatan 50, Stockholm
Tel.08-672 31 00

St. Erik's Hospital Akut tandvården (dental emergencies)
Polhemsgatan 48, Stockholm
Tel. 08-545 512 20, 0745 - 2030
After 9 pm call for appointment and address to an on-call dentist 08-320100
(Sjukvårdsrådgivning/Health care Information)

Health Care Facilities

City-Akuten – a non-emergency medical clinic

Apelbergsgatan 48, 1st floor, Stockholm

Tel. 08-412 29 60, 08-545 291 85

Open: Mon.-Fri.: 0800 – 1700

City-Akuten is an adult and teenage child walk-in clinic with onsite lab and x-ray department. The medical specialty services provided are: internal medicine, ophthalmology, general surgeon, orthopedics and ENT (ear, nose and throat). The ENT doctors will see younger children. The nursing staff consists of registered nurses with three nurses providing triage in the reception. The clinic is located near the T-bana (sub way) Hötorget station. X-ray and lab fees are added to the basic fee. Credit cards are accepted for payment.

NOTE: This facility is limited. Pediatric emergency cases should be cared for at either Astrid Lindgren's Children Hospital or Danderyd Hospital Children's Emergency. Adults should seek emergency care at Karolinska Hospital or Danderyd Hospital.

Hospitals (“sjukhus”)

1. Astrid Lindgren's Children's Hospital

Karolinska vägen (part of Karolinska Hospital complex off of E4 North)

Stockholm Tel. 08-517 771 02

2. Karolinska Hospital (university hospital)

Karolinska vägen (off of E4 North)

Stockholm Tel. 08-517 700 00

3. Danderyd Hospital (adults and children)

Mörbygårdsvägen (off of E18 North)

Danderyd

Adult: Tel. 08-655 50 00 Children: Tel. 08-655 65 00 (specific for Internal Medicine conditions)

4. Sophiahemmet Hospital (private hospital, no emergency room)

Valhallavägen 91 Stockholm phone: 08-406 20 00

5. St. Görans Hospital (adults)

S: t Görans Plan 1, Stockholm Tel. 08-587 010 00 (surgical conditions, orthopedics & internal medicine)

6. St. Erik's Hospital Eye Clinic,

Polhemsgatan 50, (entrance Flemminggatan) Stockholm Tel. 08-672 31 00

7. City-Akuten Tandvård (dental emergencies)

Olof Palmes gata 13 A, T-bana (sub way) Hötorget

0800 -2000 daily, Tel. 08-412 29 00

8. St. Eriks Akut tandvård (dental emergencies)

Polhemsgatan 48, Tel. 08-545 512 20

Open 0745 – 2030. After 9 pm call 32 01 00 for a referral.

9. Huddinge Hospital (University)

Hälsövägen, Huddinge Tel. 08-585 800 00

10. Södersjukhuset

Ringvägen 52 Stockholm Tel 08-616 10 00

11. Sachska Children's Hospital (specific for internal medical conditions)

Sachsgatan 1 Stockholm, Tel. 08-616 40 50

12. Stockholm community psychiatric emergency clinic

Vårdvägen 5, St. Görans Sjukhusområde 08-672 25 00

13. Sophiahemmet Vallhallavägen 91, is a private hospital with different specialities.

(Surgeons, gastroenterologists, orthopedics, ophthalmologists, dermatologists, gynecologists)

If you need to see a GP or a specialist call Vårdguiden information

Phone: 08-320100 open 24h

Pharmacies (Apotek) in Stockholm

Regulations governing the sale of pharmaceuticals in Sweden are strict. A prescription is often required to purchase medicine that could be purchased over the counter in the United States, such as strong cough medicine. Prescriptions are obtained from a doctor or midwife. American prescriptions are *not* honored in Sweden.

There is a 24-hour free Hot Line for pharmaceutical information if you have questions about a certain medication, dosage, adverse reactions etc: Tel. 020-66 77 66.

A complete list of pharmacies is found in the "Läkare-Tandläkare Stockholms Län" available from Apotek free of charge and in the yellow pages of your telephone book. Pharmacies are typically open between 10am and 6pm. Hours vary around the city however, so please become familiar with the Apotek nearest your home and the hours they are open. They offer a variety of over-the-counter products such as shampoo, soap, toothpaste and such items; these items are also sold in supermarkets and are less expensive there.

Open 24 hours a day:

Apotek C.W. Scheele: Klarabergsgatan 64, Stockholm (across from the Central Railway Station and by Åhlens Department Store). Metered parking usually available in front of the pharmacy. Tel. 0771 - 450 450.

Extended hours:

Apotek Enhörningen, Krukmakargatan 13, Stockholm, Tel. 0771-450 450, daily 0830-2200.

Apotek Vita Björnen, Sturegallerian, Stockholm, Tel. 0771-450 450, Monday - Friday 1000-1900, Saturday 1000-1700, Sunday 1200-1700.

Apotek Örnén, Norrtullsgatan 6, Odenplan, Stockholm, Tel. 0771-450 450, Monday – Friday 0900-1800, Saturday 1000-1500.

Apotek Falken, Fältöversten Shopping Center, Stockholm, Tel. 0771- 450 450, Monday - Friday 1000 - 1900, Saturday 1000-1500, Sunday 1200-1600.

Lidingö Sjukhus, Högsätravägen 2, Lidingö, Tel. 0771-450 450, Monday, Wednesday – Friday 0830 -1700. Tuesdays 0900-1700

Apotek Tärnan, Lidingö Centrum, Lidingö, Tel. 0771-450 450, open Monday - Friday 1000-1800, Saturday 1000-1400.

AFTER HOURS CLINICS

Lidingö residents.

Husläkarjouren Lidingö

Open hours Mon-Fri 5pm-8pm Sat. Sun 9 am-8pm

Stjärnvägen 2, Lidingö **Call for an appointment**

Phone: 767 06 70

Östermalm/Kungsholmen/Norrmalm residents:

Närakuten Norra Innerstaden

Open hours. Mon-Sun 8am-10pm

Olivekronas väg 1, (entrance from Dalagatan)

Phone: 672 39 90 **Call for an appointment.**

Cityakuten

Open Hours Mon-Fri 8am-5pm.

**This is a walk in clinic no
appointment is necessary.**

They have specialists GP, surgeons, eye specialists,

Orthopedists, ENT specialists and they also see children.

Phone: 545 291 85 or 412 29 60 between 1pm-2.30 Mon-Fri

Täby residents:

Husläkarjouren Täby

Open hours. Mon- Fri 5 pm-10 pm.

Sat-Sun 9am-5pm.

Storgatan 164 (stairway 1) 4th floor (beside the cinema)

Täby Centrum

Phone: 792 15 10 **Call for an appointment**

Södermalm residents:

Närakuten Södermalm,

Open hours Mon-Sun 8am-10pm

Tideliussgatan 12

Phone: 616 62 00

Call for an appointment

Remember, cellular phones may have to be turned off when entering a hospital or a medical facility. Look for information signs.
